

Categoría: Osteoporosis

Publicado: Miércoles, 16 May 2018 15:01

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Visitas: 10237

Consenso de expertos avalado por la ESCEO y la IOF

Benefits and safety of dietary protein for bone health-an expert consensus paper endorsed by the European Society for Clinical and Economical Aspects of Osteoporosis, Osteoarthritis, and Musculoskeletal Diseases and by the International Osteoporosis Foundation. Rizzoli R, Biver E, Bonjour JP, Coxam V, Goltzman D, Kanis JA, et. al. Osteoporos Int. 2018 May 8. doi: 10.1007/s00198-018-4534-5.

<https://link.springer.com/article/10.1007%2Fs00198-018-4534-5>

